What is claimed is:

1. A sheet-shaped pack agent containing a fruit extract whose density is 0.95-1.20, the pH is 3.3-5.0 and the sugar content is 19-23 wt.%.

2. The sheet-shaped pack agent according to claim 1, characterized in that it comprises a base fabric and a base agent.

3. The sheet-shaped pack agent according to claims 1 or 2, characterized in that the mixing proportion of the fruit extract in a total amount of a base agent is 0.0003-33.87 wt.%.

4. The sheet-shaped pack agent according to claim 3, characterized in that the proportion of the fruit extract in a total amount of a moisturising agent is 0.03-96.77 wt.%.

5. The sheet-shaped pack agent according to claims 3 or 4, characterized in that the base agent contains a moisturising agent 1-35 wt.%, a water soluble polymer 3-25 wt.%, a cross-linking agent 0.05-20 wt.% and water 60-95 wt.%.

- 6. The sheet-shaped pack agent according to claim 5, characterized in that the base agent further contains an antiseptic 0.005-10 wt.%
- 7. The sheet-shaped pack a gent according to any one of claims

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  1 to 6, characterized in that a glycol is further contained.
- 8. The sheet-shaped pack agent according to claim 7, characterized in that the mix ratio of the glycol to the fruit extract is 1-35:0.01-30.
  - 9. The sheet-shaped pack agent according to claims 7 or

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8, characterized in that the glycol is polyethylene glycol and/or polypropylene glycol.

10. The sheet-shaped pack agent according to any one of claims
1 to 9, characterized in that the fruit extract comprises one
or more species selected from the group consisting of rose fruit
extract, orange extract, orange juice, raspberry extract, kiwi
extract, cucumber extract, gardenia extract, grapefruit extract,
crataegus fruit extract, Japanese pepper extract, crataegus
extract, common juniper extract, jujube extract, duke extract,
tomato extract, grape extract, loofah extract, lime juice, apple
extract, apple juice, lemon extract and lemon juice.

11. The sheet-shaped pack agent according to any one of claims 1 to 10, characterized in that it is used as cosmetics for the beauty skin or a quasi-drug.